

## Contact



### Phone

(02) 6492 0200

### Our office hours:

Monday, Tuesday &

Friday 9am - 1pm

Thursday 1pm – 5pm



### Postal Address:

PO Box 860

Bega NSW 2550



### Email:

sea@mdaa.org.au

### Website:

www.mdaa.org.au



### Location:

101-103 Bega Street

Bega (cnr Auckland and  
Bega Sts)

If you do not understand this document, please ring the Telephone Interpreter Service (131 450) and ask them to contact the MDAA on 1800 629 072.

#### ARABIC

إذا لم تستطع فهم هذه الوثيقة، الرجاء الاتصال بخدمة الترجمة الهاتفية على رقم ١٣١ ٤٥٠ وأسألهم أن يتصلوا بـ MDAA على رقم ١٨٠٠ ٦٢٩ ٠٧٢.

#### CHINESE

如您看不懂此文件，請打電話給「電話翻譯服務台」(131 450) 請他們聯絡 MDAA 電話 1800 629 072。

#### CROATIAN

Ako ne razumijete ovaj dokument, molimo nazovite Službu prevoditelja i tumača (Translating and Interpreting Service) na 131 450 i zamolite da nazovu MDAA na 1800 629 072.

#### GREEK

Αν δεν καταλαβαίνετε αυτό το έγγραφο, σας παρακαλούμε να τηλεφωνήσετε την Τηλεφωνική Υπηρεσία Διερμηνέων (131 450) και να τους ζητήσετε να επικοινωνήσουν με το MDAA στο 1800 629 072.

#### HINDI

अगर आप इस कागजात को पढ़कर समझ नहीं पा रहे हैं तो कृपया टेलीफोन सहायक सेवा (१३१ ४५०) को फोन करें और उनसे एम डी ए ए (MDAA) को १८०० ६२९ ०७२ पर संपर्क करने को कहें।

#### ITALIAN

Se non comprendi questo documento, telefona al Servizio telefonico interpreti (131 450) chiedendo di essere messo in contatto con il MDAA al 1800 629 072.

#### KOREAN

만일 이 문서를 이해하지 못하시면, 전화 통역 서비스(131 450)에 전화하여 MDAA 1800 629 072에 연락해 달라고 부탁드립니다.

#### MALTESE

Jekk ma tifhimx dan id-dokument, jekk jog`bok }empel lis-Servizz ta' l-Interpretu (131 450) u itlobhom jikkuntattjaw lil-MDAA fuq 1800 629 072.

#### POLISH

Jeśli nie rozumiesz treści niniejszego dokumentu, zadzwoń do Telefonicznego Biura Tłumaczy (Telephone Interpreter Service) pod numer 131 450 i poproś o telefoniczne skontaktowanie się w Twoim imieniu z MDAA pod numerem 1800 629 072.

#### SPANISH

Si usted no entiende este documento, sírvase llamar al Servicio Telefónico de Intérpretes (131 450) y pedir que llamen a MDAA al 1800 629 072.

#### TURKISH

Bu belgeyi anlayamazsanız, lütfen Telefonla Tercüme Servisi'ne (131 450) telefon ederek, 1800 629 072'den MDAA ile iliflikiye geçmelerini isteyiniz.

#### VIETNAMESE

Nếu quý vị không hiểu tài liệu này, xin điện thoại đến Dịch vụ Thông ngôn qua Điện thoại (Telephone Interpreter Service) ở số 131 450 và nhờ họ liên lạc MDAA qua số 1800 629 072.

 **South East Advocacy**

## Individual Advocacy



SEA aims to promote, protect and secure the rights and interests of people with disability and their families and carers living in the Bega Valley Shire

## Do you want:

- ▶ To be free from abuse, neglect or discrimination?
- ▶ To be treated fairly at work, home, within your community, or by your service provider?
- ▶ To have your issues heard and acted upon?
- ▶ To know more about your rights and responsibilities as a person with a disability or as a family member or carer?
- ▶ To have ownership and control over your own decisions?
- ▶ To know more about what services are available to you?



SEA aims to promote, protect and secure the rights and interests of people with disability and their families and carers living in the Bega Valley Shire. SEA covers the entire Bega valley shire. SEA aims to expand advocacy services to cover the entire Southern region, including the Eurobodalla and Cooma-Monaro Shires

## What is Individual Advocacy?

‘To advocate’ means to promote, protect and secure the rights of another person.

The Individual advocates at SEA will help to make sure that your rights are recognised and respected. An advocate will ‘stand beside’ you and support you so you can make your own decisions and get what you need. We help people to stand up for their rights, for example, when people have problems with housing, immigration, school, work and disability services.

When you contact SEA, an Individual Advocate will ask you questions about your issues and the support you need and will listen to your answers. You and your Individual Advocate will make a plan together about what to do. If you need an interpreter, the Individual Advocate will arrange one.

SEA is auspiced by the Multicultural Disability Advocacy Association of NSW (MDAA) and funded by the Department of Families, Community Services and Indigenous Affairs (FACSIA).  
MDAA is located in Sydney and you can contact them toll-free on 1800 629 072 or you can access the MDAA website at: [www.mdaa.org.au](http://www.mdaa.org.au)

